GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA

UNSTARRED QUESTION NO:3462
ANSWERED ON:08.08.2016
Yoga Education in Universities
Maadam Smt. Poonamben Hematbhai

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) whether it is mandatory for the universities to adopt modules from the syllabus prepared by the Committee on Yoga Education in Universities for the courses offered by them;
(b) if so, the details thereof;
(c) whether the Government has established that yoga practice has been a successful treatment of ailments cured through physiotherapy;
(d) if so, the details thereof;
(e) whether any research has been undertaken in the past year to establish the same;
(f) if so, the details thereof;
(g) whether the Committee on Yoga Education in Universities include a physiotherapist; and
(h) if so, whether the Ministry gives preference to candidates with "requisite expertise in Yoga" for graduate admissions in physiotherapy courses?

Answer

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT
(Dr. MAHENDRA NATH PANDEY)

(a) & (b): The Central Government had appointed a committee, under the chairpersonship of Prof. H.R. Nagendra, Chancellor, Swami Vivekananda Yoga Anusandhana Samsthana, Bengaluru (S-VYASA) for making recommendations on Yoga Education in Universities. The Committee has prescribed curriculum for Yoga courses in its recommendations. The recommendations will help the Universities in formulating their curriculum for Yoga courses offered by them. The UGC has informed that Universities are autonomous in the matter of adopting the modules from the syllabus prepared by the committee.
(c) to (f): Yoga is a traditional Indian psycho-philosophical-cultural method of leading one's life, that alleviates stress, induces relaxation and provides multiple health benefits to the persons following its system.
(g): The members of the committee for promoting Yoga education in Universities are the following:
(i) Prof. H.R. Nagendra, Chancellor, Swami Vivekananda Yoga Anusandhana Samsthana, Bengaluru − Chairperson.
(ii) Prof. Suresh Lal Barnawal, Head, Department of Yoga, Dev Sanskriti Vishwavidyalaya, Gayatrikunj-Shantikunj, Haridwar.
(iii) Prof. Ishwar Bharadwaj, Head, Department of Yogic Sciences, Gurukul Kangri University, Haridwar.
(iv) Prof. Neel Kamal, University of Patanjali, Haridwar.
(v) Swami Atmapriyananda, Vice-Chancellor, Ramakrishna Vivekananda University, Kolkata.
(vi) Pandit Radhey Shyam, Director, Ujjain Yoga Life Society International, Yoga Bhavan, Taran Tall Premises, Kothi Road, Ujjain.
(vii) Prof. O P Tiwari, Kaivalayadhama, Lonawala.
(viii) Prof. Subramanayam, Adviser, Vivekananda College, Madurai.
(ix) Prof. P. Venkat Rangan, Vice-Chancellor, Amrita University, Coimbatore.
(x) Sri Rupen Bhowmik, Working President, Indian Yoga Federation, Agartala.
(xi) Joint Secretary, Department of AYUSH.
(xii) Secretary, UGC (Convener).
(h): A suggestion for exploring possibility of giving suitable preference in admission to graduate courses in physiotherapy to candidates having requisite expertise in Yoga was forwarded to the UGC for examination. No formal orders have been issued for implementing the suggestion.
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